# The Main Heading

Styles can help you quickly create a professional look for your e-mail messages.

A bulleted list:

* Bullet #1
* Bullet #2

## The subheading

Styles can be applied to e-mail message text and to other Outlook objects, such as Calendar appointments and tasks.

## The second subheading

Styles can be applied to e-mail message text and to other Outlook objects, such as Calendar appointments and tasks.